

Instructor: Peggy Kubala

Lifeguard Training

The City of Sumter Aquatics Center will offer a lifeguard class for individuals 16 years and older. Students must have good swimming skills including knowledge of front crawl and breast stroke. Learning the proper techniques for making water rescues, CPR for the Professional Rescuer, AED training, and First Aid are all a part of this class. After <u>successful completion</u> of this course you will be certified in American Red Cross Lifeguarding.

A Swim Test is

REQUIRED

For All Who

Want to Take This Class

Cost is \$90 Per Person



Registration Forms are available online or at the City of Sumter Aquatic Center Beginning March 27, 3:30~5:30PM Monday through Friday

Class Times Are 4pm-6:30pm

Session I: April 13—April 23
Session II: April 27-May 7
Session III: May 10 May 21
Session IV: May 24-June 4
Session V: June 7--June 18
Session VI: June 21-July 2
Session VII: July 12-July 23

Lined Swim Suits Required For All Swimmers

For more information call: 774~3998

Name.	
Address:	
Phone:()	Alternate Phone:() DOB://
Swim 300 yards, 100 either Front Crawl or Swim 20 yds, pick up stopping or touching lompletion of class does	a brick and carry it back to starting point within 1:20. min. without pottom of pool s not guarantee a job with the City of Sumter Aquatics Center.
<u>Ve encourage you to fil</u>	l out an application for consideration.
ife Guard	4:00 - 6:00 PM Session # 1 2 3 4 5 6 7
	4:00 - 6:00 PM Session # 1 2 3 4 5 6 7 change due to weather and participates availability.
Life Guard Class times and dates my	change due to weather and participates availability.